

Portfolio











## SERVICES

### **PHYSIOTHERAPY**



REGISTERED MASSAGE THERAPY



NUTRITION COACHING



SHOCKWAVE THERAPY











## John Fenech

John's passion for health and wellness is infectious, his success helping people attain their personal goals has been refined over his 15 years





# Catherine Oakley

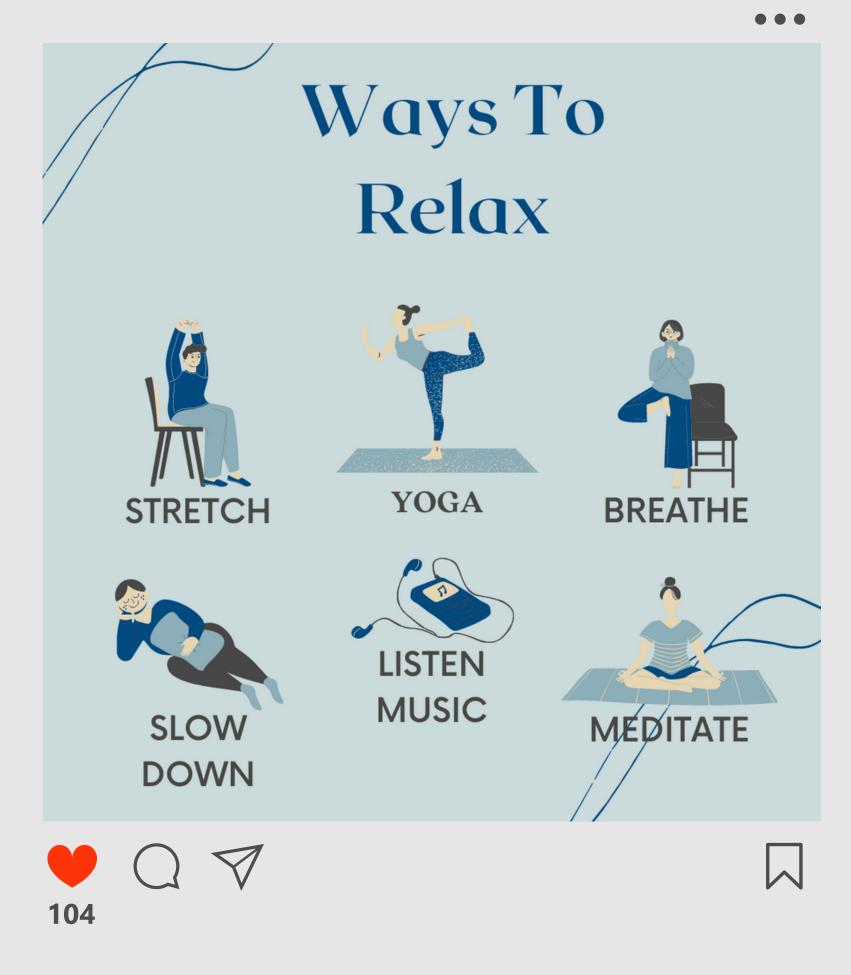
Catherine has been practicing as an RMT for 18 years. She specializes in muscle rehabilitation and pain management.



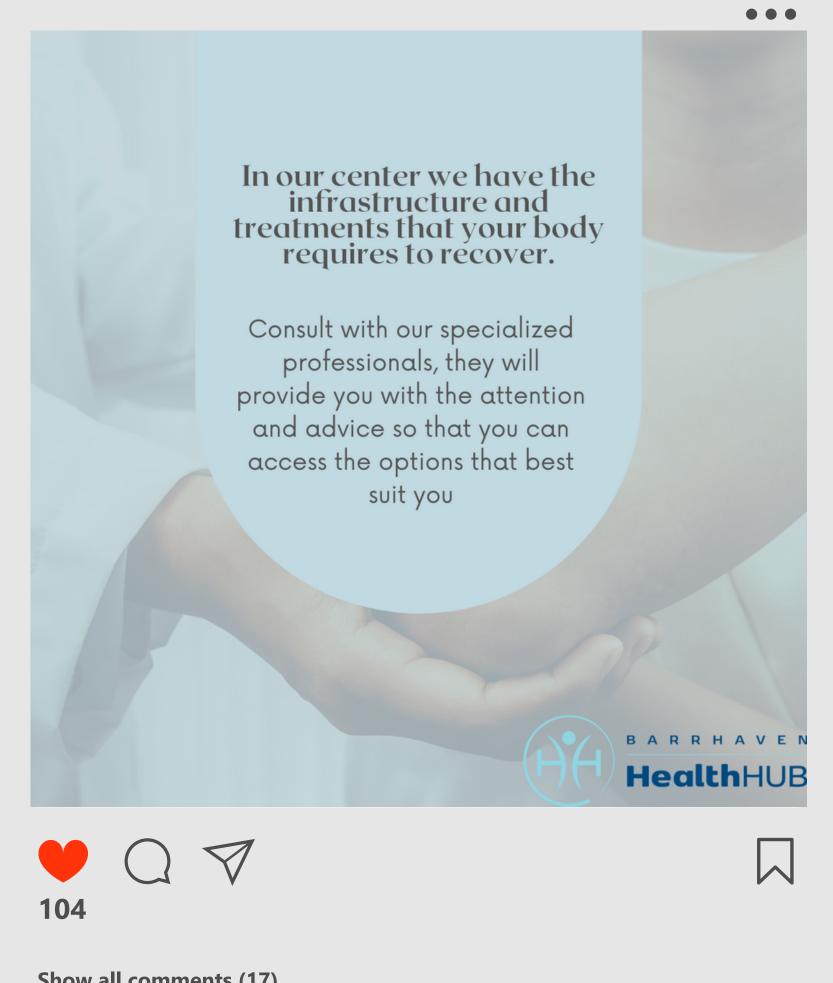




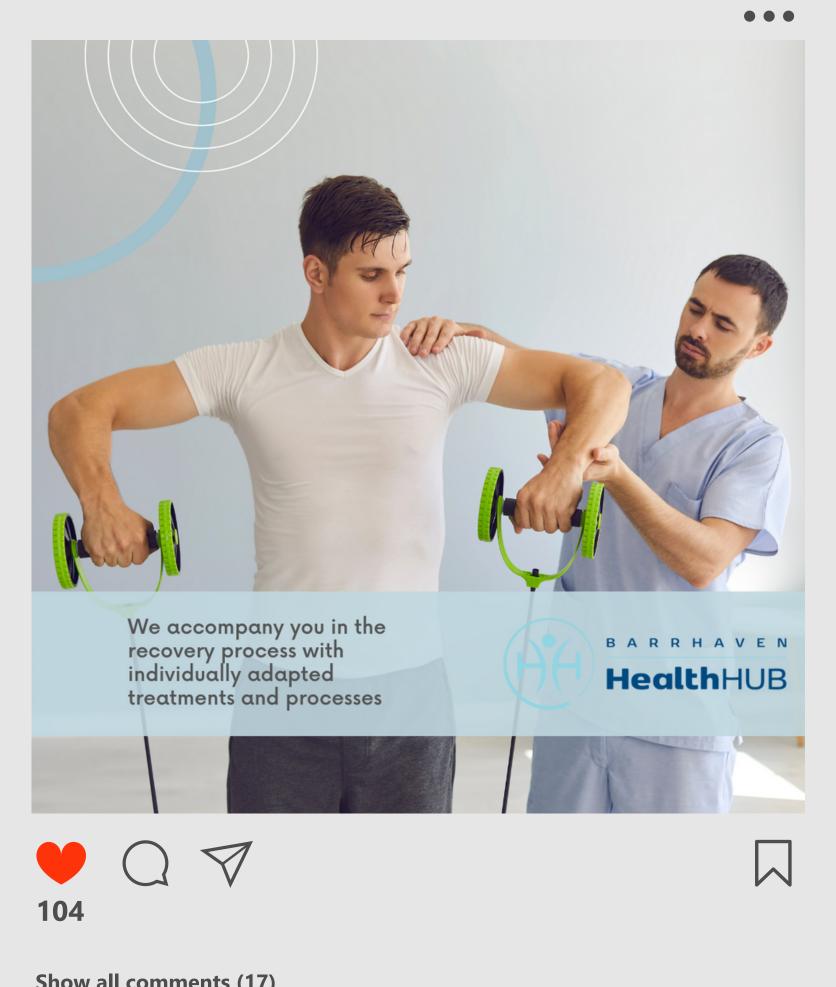




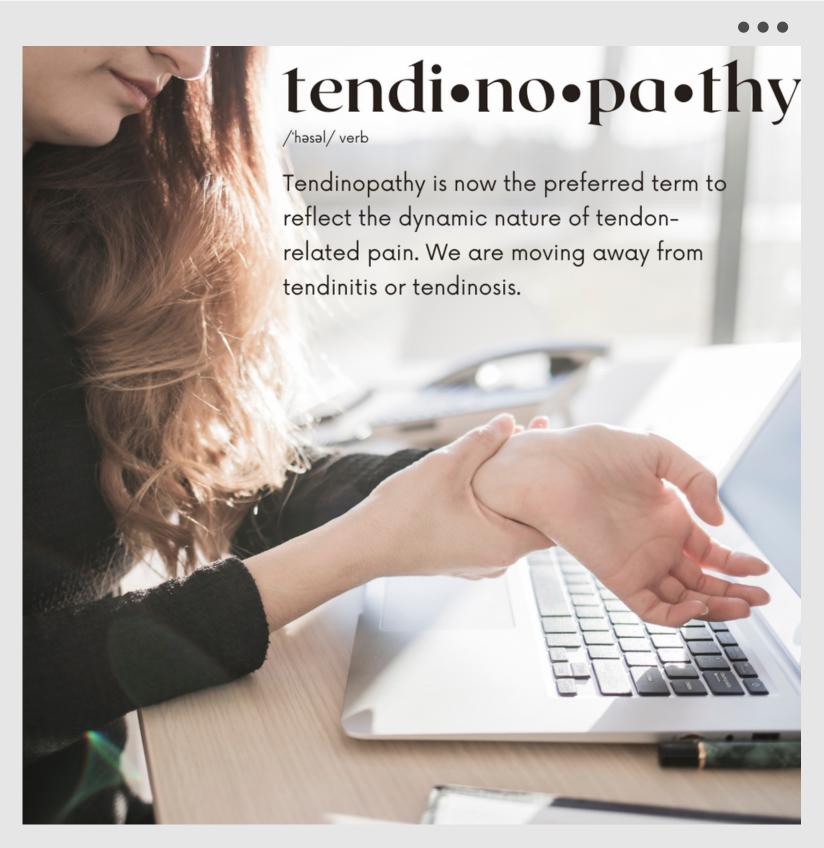
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Testimony

Friendly service and the staff knows their stuff. I recommend this place for physio & massages. They also have a nutritionist available as well."

Arika-Google Review











